



MUSIC CITY MOUTHS TO FEED

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Adopt-A-Family Nashville 2025

Mission: This winter, Music City Mouths To Feed is launching Adopt-A-Family, a humanitarian project connecting families and individuals in need with caring people, organizations, and churches ready to make a difference.

Our goal is simple: **no one in Nashville should go hungry or cold this winter.**

Through this program, we will match sponsors (donors, families, churches, or local businesses) with families in need who could use help with:

- Groceries and hot meals
- Winter clothing and blankets
- Household essentials
- Gift cards or emergency support
- Encouragement and community connection

If you're in need: Apply today to be matched with a sponsor who wants to help you and your family through the winter.

If you can help: Become a sponsor and make an immediate impact by supporting a Nashville family directly.

Together, we can make Nashville a city where no mouth goes unfed and no family goes unseen.